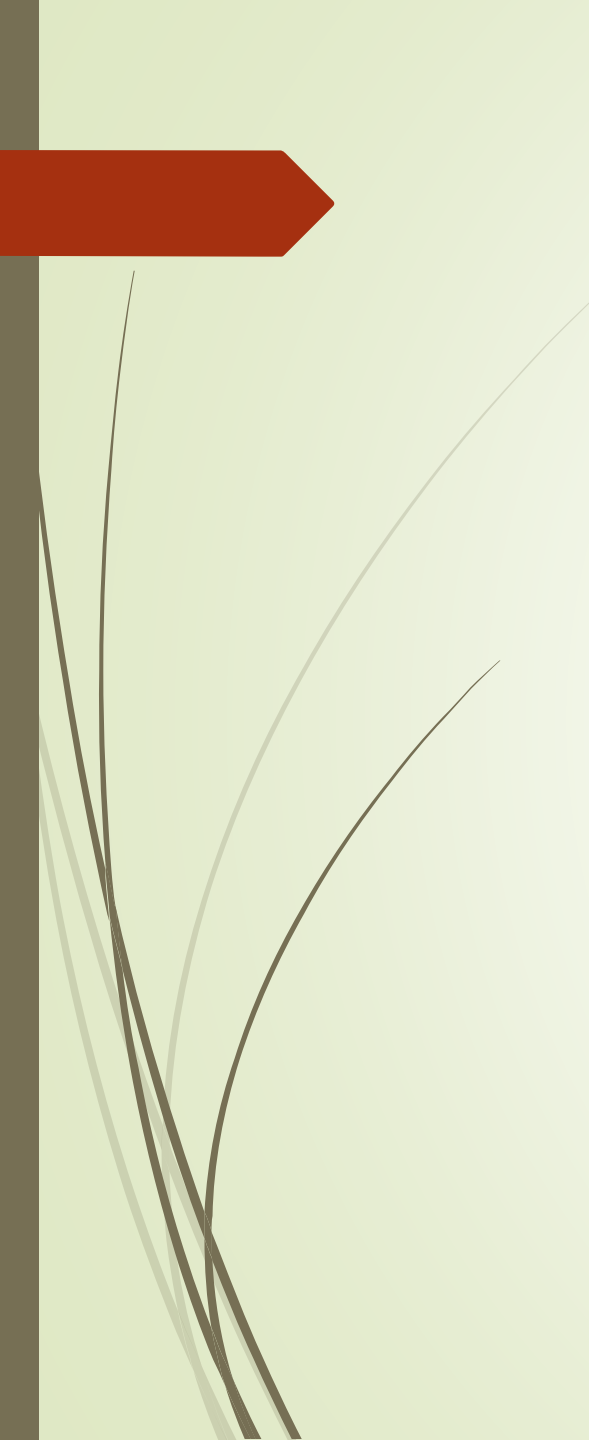




Retirement Portfolio Analysis: A Multi-Decade Review

Craig Israelsen, Ph.D.

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26 "Retirement Windows" from 1970-2019
by Craig I. Israelsen, Ph.D.
www.7TwelvePortfolio.com

ENTER YOUR DATA IN THE YELLOW CELLS

Each "Retirement Window" is a 25-year period

Starting Age: **72** (72 is minimum age with RMD)

Portfolio Balance at Age 72: **\$1,500,000**

Retirement Portfolio Asset Allocation (% per asset)	25 Retirement Years
Large US stock	14.29%
Small US stock	14.29%
Non-US Stock	14.29%
US Bonds	14.29%
Cash	14.29%
US Real Estate	14.29%
Commodities	14.29%
Total Allocation	100.00%

Annualized Portfolio Return 1970-2019 after fees	8.65%	50 Year Period
MEDIAN 25-YEAR Portfolio Return after fees	10.10%	

Total Portfolio cost in bps (Expense Ratio + Advisory Fee): **-100**

Annual Withdrawal Rate During Retirement Years* (OR "RMD" OR "0" for Fixed Amt): **RMD** (Now Using RMD)

*Percentage of portfolio balance withdrawn at the end of each year based on prior year ending balance

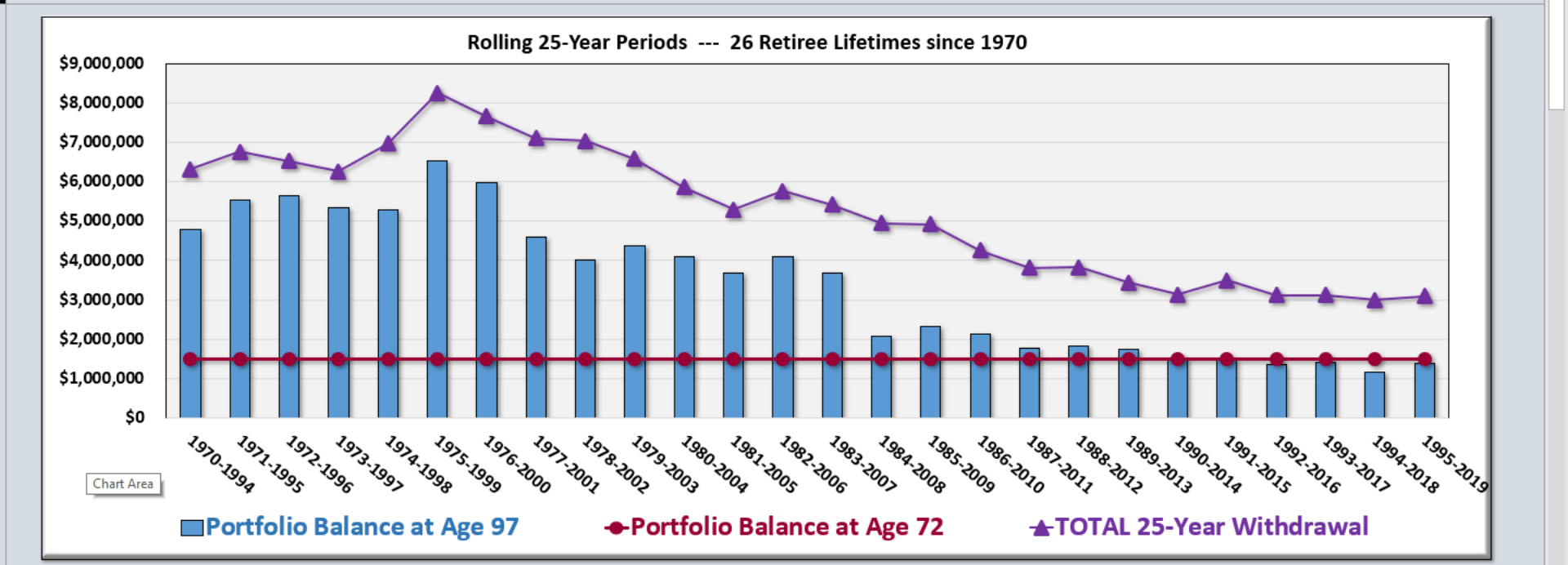
-- OR --

Fixed Annual Withdrawal (\$ Amount):

Historical Performance Adjuster (by user)	(NEGATIVE bps)	Ave Gross Return from 1970-2019
Large US Stock	0	10.60%
Small US Stock	0	10.88%
Non-US Stock	0	8.68%
US Bonds	0	7.40%
Cash	0	4.74%
US Real Estate	0	11.63%
Commodities	0	6.73%

Data source: Large US stock: S&P 500 Index 1970-2019

7-Asset Portfolio Allocation to each asset	Large US stock	Small US stock	Non-US Stock	US Bonds	Cash	US Real Estate	Commodities	PORTFOLIO	% of time the annual withdrawal during retirement increased the following year	Average decline in annual withdrawal IF it went down
	14.29%	14.29%	14.29%	14.29%	14.29%	14.29%	14.29%	100.00%	80%	-\$18,524



RMD annual withdrawal rates obtained from the Uniform Lifetime Table. This RMD analysis applies to all IRA account owners unless your spouse is the sole beneficiary of your IRA AND more than 10 years younger than you.

Portfolio Balance at Age 72	Average Annual Withdrawal	Total 25-Year Withdrawal (Average)	Average Portfolio Balance at Age 97
\$1,500,000	\$209,255	\$5,231,370	\$3,378,779
RMD begins at age 72 starting in January 2020	\$330,557 Highest Average \$119,759 Lowest Average	\$8,263,935 Highest \$2,993,975 Lowest	\$6,541,531 Highest \$1,172,602 Lowest

Average Withdrawal in Each Year of the 25-Year Retirement Period	1970 - 2019 Rolling 25-Year Retirement Periods
	Average Annual Withdrawal

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Historical Performance Adjuster (by user)

(NEGATIVE bps)

Ave Gross Return from 1970-2019

Large US Stock	0	10.60%
Small US Stock	0	10.88%
Non-US Stock	0	8.68%
US Bonds	0	7.40%
Cash	0	4.74%
US Real Estate	0	11.63%
Commodities	0	6.73%

Data source:

Large US stock: S&P 500 Index 1970-2019

Small US stock: Ibbotson Small Stock Index 1970-1978, Russell 2000 Index 1979-2019

Non-US Stock: MSCI EAFE Index 1970-2019

US bonds: SBBI US Interm Govt Bond Index 1926-1975, Barclays Agg Bond Index 1976-2019

Cash: 90-day Treasury Bills 1926-2019

US Real Estate: Chan data 1970-71, NAREIT Equity REIT Index 1972-77, DJ US Select REIT Index 1978-2019

Commodities: S&P GSCI Index 1970-2019

Past performance does not guarantee future performance.

Annual rebalancing in all portfolios assumed.

RMD divisors from the Uniform Lifetime Table

For use by all IRA account owners unless your sole beneficiary is your spouse who is also more than 10 years younger than you.

Retirement portfolio outcomes based on

RMD

annual withdrawals

7-Asset Portfolio

Allocation to each asset

Large US stock	Small US stock	Non-US Stock	US Bonds	Cash	US Real Estate	Commodities	PORTFOLIO
14.29%	14.29%	14.29%	14.29%	14.29%	14.29%	14.29%	100.00%

% of time the annual withdrawal during retirement increased the following year

80%

Average decline in annual withdrawal IF it went down

-\$18,524

RMD annual withdrawal rates obtained from the Uniform Lifetime Table. This RMD analysis applies to all IRA account owners unless your spouse is the sole beneficiary of your IRA AND more than 10 years younger than you.

Portfolio Balance at Age 72

\$1,500,000

RMD begins at age 72 starting in January 2020

Average Annual Withdrawal

\$209,255

\$330,557 Highest Average

\$119,759 Lowest Average

Total 25-Year Withdrawal (Average)

\$5,231,370

\$8,263,935 Highest

\$2,993,975 Lowest

Average Portfolio Balance at Age 97

\$3,378,779

\$6,541,531 Highest

\$1,172,602 Lowest

Average Withdrawal in Each Year of the 25-Year Retirement Period

Year	25	387,174
24	381,824	
23	369,936	
22	354,402	
21	341,746	
20	327,336	
19	307,945	
18	290,173	
17	272,246	
16	253,527	
15	235,758	
14	217,298	
13	197,665	
12	179,869	
11	163,150	
10	147,339	
9	132,903	
8	119,814	
7	107,978	
6	96,041	
5	85,670	
4	76,896	
3	68,725	
2	61,213	
1	54,745	

Plot Area

1970 - 2019 Rolling 25-Year Retirement Periods

Average Annual Withdrawal

1995-2019	123,876
1994-2018	119,759
1993-2017	125,003
1992-2016	125,012
1991-2015	139,521
1990-2014	125,398
1989-2013	137,666
1988-2012	152,897
1987-2011	152,369
1986-2010	169,943
1985-2009	196,519
1984-2008	198,072
1983-2007	216,936
1982-2006	230,675
1981-2005	211,705
1980-2004	234,508
1979-2003	263,400
1978-2002	281,611
1977-2001	284,445
1976-2000	306,697
1975-1999	330,557
1974-1998	278,785
1973-1997	250,661
1972-1996	261,038
1971-1995	270,576
1970-1994	252,994

35 Lifetimes 4-Assets 1926-201926 Retirement Periods 1970-2019Retirement Analyzer with COLARMD Table

Annual Withdrawals Across 26 Rolling 25-Year Retirement Periods

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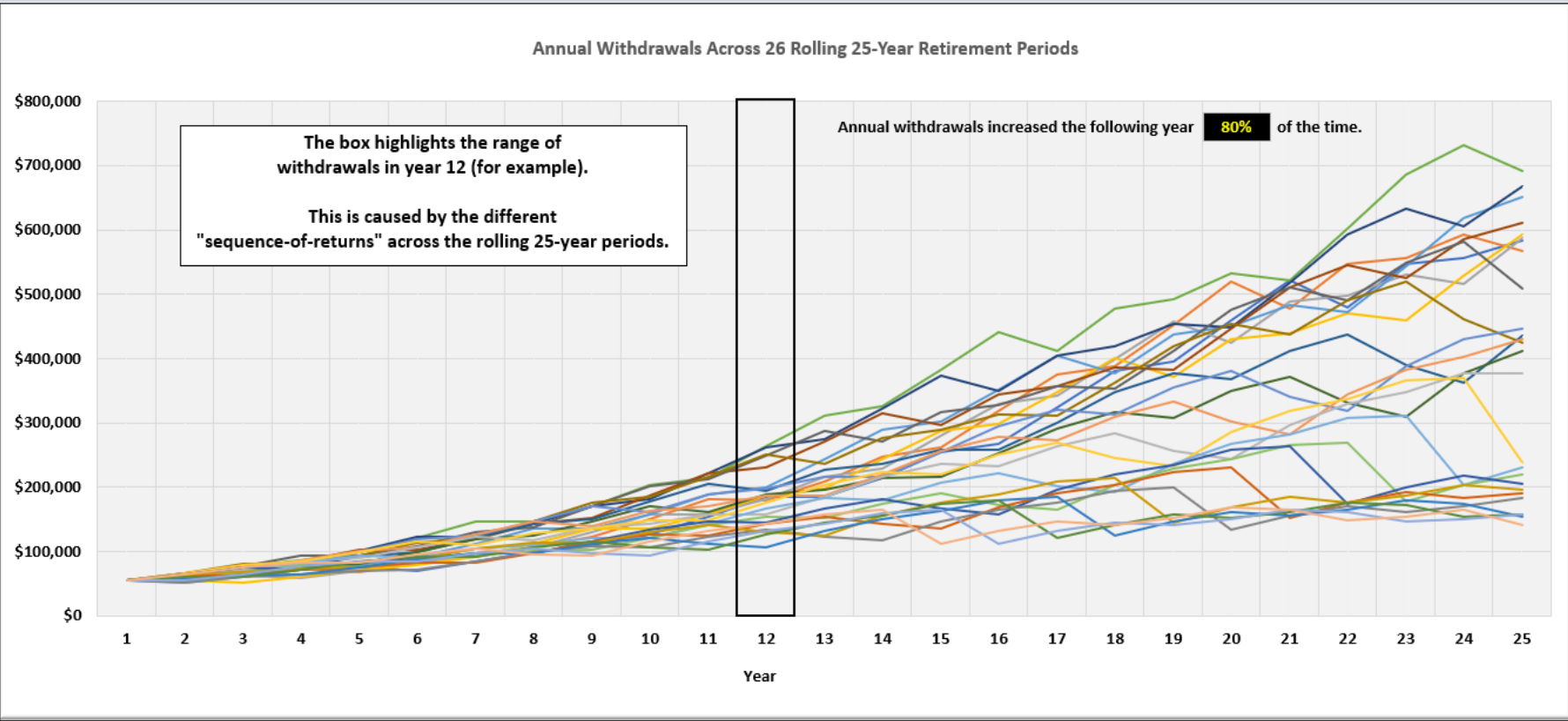
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Retirement portfolio outcomes based on RMD annual withdrawals								% of time the annual withdrawal during retirement increased the following year	Average decline in annual withdrawal IF it went down
7-Asset Portfolio Allocation to each asset								PORTFOLIO	100.00%
Large US stock	Small US stock	Non-US Stock	US Bonds	Cash	US Real Estate	Commodities		80%	-\$18,524
14.29%	14.29%	14.29%	14.29%	14.29%	14.29%	14.29%			

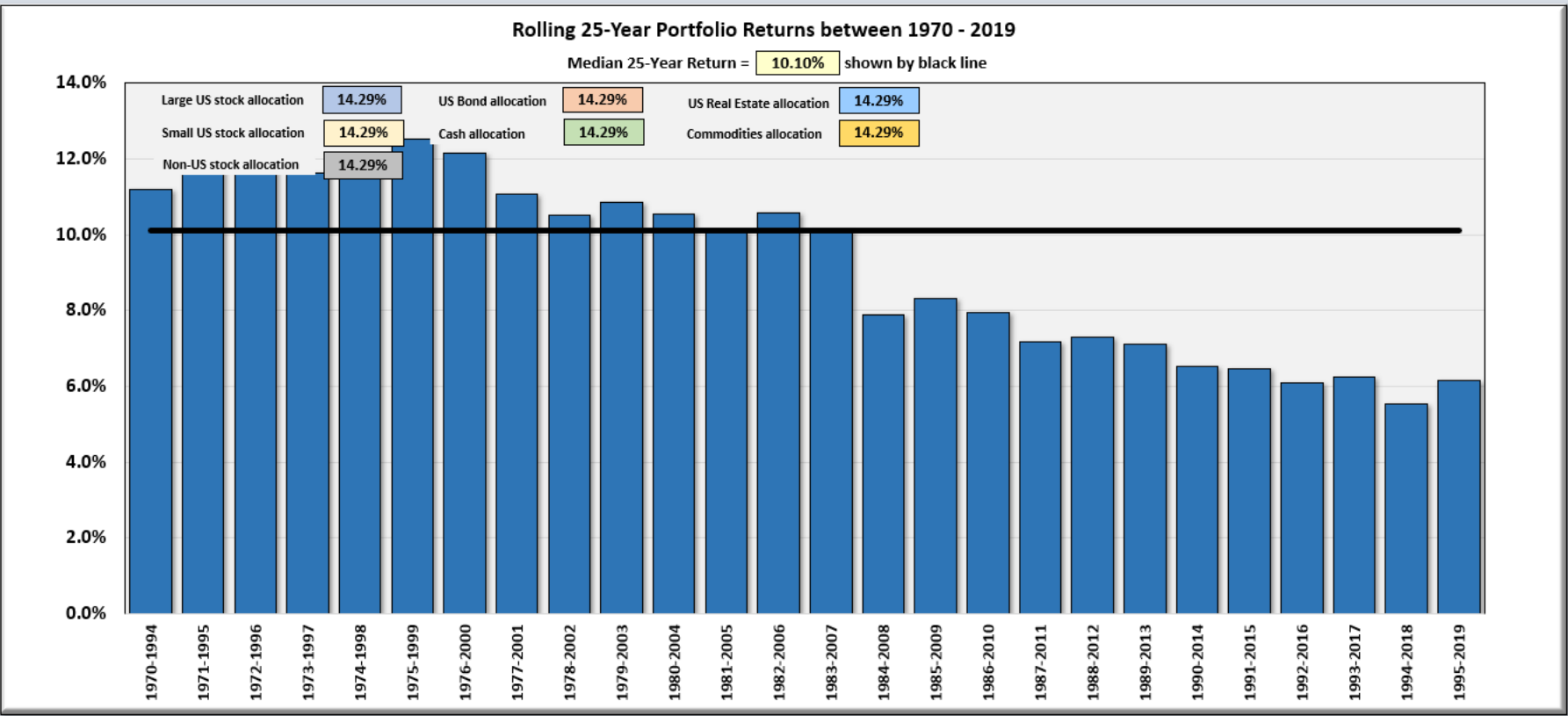
2	61,215
1	54,745

1971-1995	270,576
1970-1994	252,994

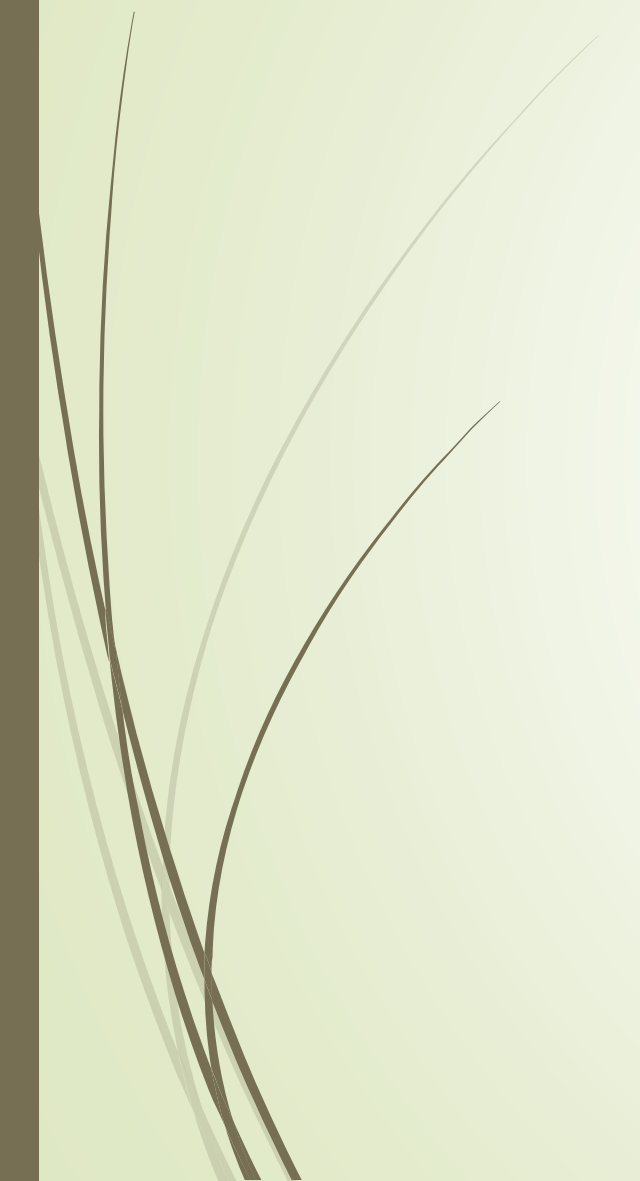


Rolling 25-Year Portfolio Returns between 1970 - 2019

26 "Retirement Windows" from 1970-2019 by Craig I. Israelsen, Ph.D. www.7TwelvePortfolio.com ENTER YOUR DATA IN THE YELLOW CELLS		Retirement portfolio outcomes based on RMD annual withdrawals							% of time the annual withdrawal during retirement increased the following year 80%		Average decline in annual withdrawal IF it went down -\$18,524	
7-Asset Portfolio		<i>Large US stock</i>	<i>Small US stock</i>	<i>Non-US Stock</i>	<i>US Bonds</i>	<i>Cash</i>	<i>US Real Estate</i>	<i>Commodities</i>	PORTFOLIO		100.00%	
Allocation to each asset		14.29%	14.29%	14.29%	14.29%	14.29%	14.29%	14.29%				



Series 1 Point "1974-1998"
Value: 0.12



Go to “live” spreadsheet



Please contact me if you have
questions about the spreadsheet

➤ Email: craig@7TwelvePortfolio.com

➤ Website: www.7TwelvePortfolio.com

